



**L**OVELY  
**P**ROFESSIONAL  
**U**NIVERSITY

*Transforming Education Transforming India*



**Certificate No. 297277**

## **Certificate of Participation**

This is to certify that **Dr./Mr./Ms. Sapna Dogra** of Government College Sunni has presented a paper on **A Graphic Memoir on Transgender Rights: A Study of Bishakh Som's Spellbound** in the International Conference on “**Emerging Trends in Literature Language & Research (ETLLR-23)**” held on **31st October, 2023** organized by School of Liberal and Creative Arts (Social Sciences and Languages), Lovely Professional University, Punjab.

Date of Issue : 20-11-2023

Place : Phagwara (Punjab), India

Prepared by  
(Administrative Officer-Records)

Organizing Secretary

Convenor





**Teaching Learning Centre**  
**Ramanujan College, University of Delhi**  
**(Accredited Grade 'A++' by NAAC)**

under the aegis of  
**MINISTRY OF EDUCATION**  
**PANDIT MADAN MOHAN MALAVIYA NATIONAL MISSION ON TEACHERS AND TEACHING**



This is to certify that

**Dr Sapna Dogra**

of  
**Department of English, Atal Bihari Vajpayee Government Degree College Sunni, Shimla**  
**(Himachal Pradesh University)**

has successfully completed Online one week Faculty Development Programme on  
**"Digital Humanities"**

from *19 - 25 September, 2023* and obtained  
Grade **A<sub>+</sub>**.



Blockchain Hash: [0xae0d06edb81ac383a5605b7500ca3c5a0c4fa7a0eff7a0b588febac6375f06a2](https://www.oken-scanner.com/verify/0xae0d06edb81ac383a5605b7500ca3c5a0c4fa7a0eff7a0b588febac6375f06a2)

Prof. S. P. Aggarwal  
(Principal & Director)  
TLC, Ramanujan College

Ms. Shipra Yadav  
(Convenor)  
Ramanujan College



**PRESIDENCY  
UNIVERSITY**

# CERTIFICATE OF APPRECIATION


This is to certify that


**Dr. Sapna Dogra**

**Assistant Professor**


**Atal Bihari Vajpayee Government Degree College Sunni, Shimla**


has presented a paper titled *Visual Narratives and Multimodality* in the two day International Conference on Drawing Meaning Through Visual Narratives organized by the Department of Languages, Presidency University, Bengaluru held on 2nd & 3rd August 2023.

  
Prof. A H Parvin  
Convenor  
Dept. of Languages

  
Dr. Shrishail B Anadinni  
Associate Dean &  
HOD i/c (Dept. of Languages)  
School of Engineering



  
Dr. Abdul Sharief  
Dean  
School of Engineering

  
Dr. D. Subhakar  
Vice-Chancellor





**International Conference**  
**on**  
**Language, Literature, and Humanities**  
**Certificate**

This is to Certify that Dr. Sapna Dogra, Assistant Professor, Department of English, Atal Bihari Vajpayee Government Degree College Sunni, Shimla, Himachal Pradesh University has presented a paper titled A Study of the Representation of Disability in Graphic Novel Grit in the International Conference on Language, Literature, and Humanities organized by Government Degree College Rajpora, Pulwama, Jammu and Kashmir, India in Collaboration with Cape Comorin Trust, India from 26-27 August 2023.

Prof (Dr) Gazala Gaiys  
Principal GDC Rajpora

Prof Gh. Mohiuddin  
Coordinator

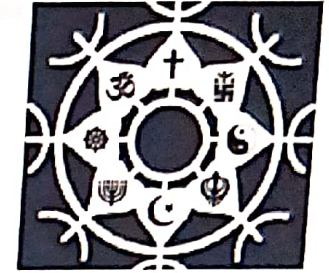
Dr. Shailja Vasudeva  
Organising Secretary

Dr Shubhra Jamwal  
Convener

Dr. R. S. Regin Silvest  
Cape Comorin Trust



# Globethics



## International Conference on Literary Studies and Ethical Higher Education: Exploring Sustainability, Species Justice, and Artificial Intelligence

### CERTIFICATE

This is to certify that Dr Sapna Dogra, Assistant Professor (Department of English), Atal Bihari Vajpayee Government Degree College Sunni, Shimla Himachal Pradesh University has presented a paper titled Chat GPT and Research Writing: An Enquiry in the International Conference on **Literary Studies and Ethical Higher Education: Exploring Sustainability, Species Justice, and Artificial Intelligence**, jointly organised by the Research Centre and the Postgraduate Department of English, St. Aloysius College, Globethics, and the Journal of Dharma on 18th & 19th October 2023.

Dr. Chacko Jose P  
Principal  
St. Aloysius College  
Elthuruth, Kerala

Dr. Fr Jose Nandhikkara  
Director  
Globethics India





**SRM INSTITUTE OF SCIENCE AND TECHNOLOGY**  
**COLLEGE OF SCIENCE AND HUMANITIES**  
**DEPARTMENT OF ENGLISH AND OTHER FOREIGN LANGUAGES**



# CERTIFICATE

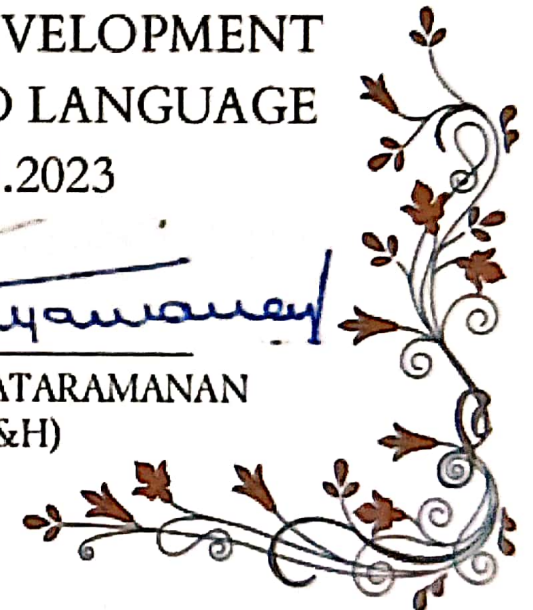
## of Participation

**Dr Sapna Dogra, Assistant Professor (English)**  
**Atal Bihari Vajpayee Government Degree College Sunni, Shimla, HPU**

For the active participation in ONE WEEK FACULTY DEVELOPMENT  
PROGRAMME ON ARTIFICIAL INTELLIGENCE AND LANGUAGE  
TEACHING conducted from 30.10.2023 to 04.11.2023

DR. S.LEELA  
Prof. & Head/ EFL

DR. S. VENKATARAMANAN  
Dean (S&H)





University Grants Commission  
HUMAN RESOURCE DEVELOPMENT CENTRE  
Kumaun University, Nainital, Uttarakhand, India



UGC - Sponsored Faculty Induction Programme

Online Mode  
This is to certify that

Dr. Sapna Dogra

(Name of the participant)

Assistant Professor

(Designation)

Atal Bihari Vajpayee Government Degree College Sunni

(College/University)

Shimla, Himachal Pradesh

(Place)

affiliated to

Himachal Pradesh University

participated in the Faculty Induction Programme

FIP-21

from 21/02/2024

to

21/03/2024

and obtained Grade

"A+"

  
Director

  
Coordinator

  
Registrar/Vice-Chancellor





सत्यमेव जयते  
Government of India



ज्ञान-विज्ञान विमुक्तये  
University Grants Commission

## CERTIFICATE OF PARTICIPATION

### NEP 2020 ORIENTATION & SENSITIZATION PROGRAMME

This is to certify that **Dr. Sapna Dogra (Assistant Professor)** from **Atal Bihari Vajpayee Government Degree College Sunni, Shimla (Himachal Pradesh University)**, has completed the NEP 2020 Orientation & Sensitization Programme under Malaviya Mission Teacher Training Programme (MM-TTP) of University Grants Commission (UGC) Organized by UGC- Malaviya Mission Teacher Training Centre, Kumaun University, Nainital (Uttarakhand) from 26/02/2024 to 06/03/2024.

Director/Coordinator (MM-TTC)



# INDIAN GRAPHIC NARRATIVES

CRITICAL RESPONSES

EDITED BY  
SAPNA DOGRA

ATLANTIC



## DIGITAL NARCISSISM AND SOCIAL MEDIA: AN ANALYSIS

SAPNA DOGRA

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Sunni, Shimla, Himachal Pradesh University (HP)

### ABSTRACT

Social media has revolutionised how we look at ourselves since it takes up a major part of our lives. In the year 2006, *Time* magazine named “You” the Person of the Year and included a mirror and a computer on the cover to go with it. According to the famous website *sociologylens.com* digital culture is a culture of narcissism. This paper attempts to explore the traits of a growing tendency towards digital narcissism in the youth of today. The paper is based on a questionnaire, administered by Google form, offered to 100 undergraduate students of colleges affiliated with Himachal Pradesh University. The responses were gathered on four aspects of digital narcissism: (a) selfies; (b) self-admiration; (c) desire for validation; (d) anxiety to be digitally active. The findings reveal that young people are more vulnerable to having a grandiose sense of self and an increasing desire for admiration linked with anxiety to continuously upload and flaunt achievements. This also implies that young people nowadays are increasingly going into the abyss of minds without self-realization and actualization.

**Keywords:** Technology, Social media, Selfies, Digital narcissism, Self, Upload, Likes.

*“I Update, Therefore I Am.”*

-----Andrew Keen

*“Digital narcissism would be, after all, the expression of an extreme egocentricity fuelled by the existential anguish that generates an individualistic and competitive society in which people are valued less for what they are and more for what they appear. A society in which it's not built inwards but outwards, leaving the interior so empty that it has to be propped up by “like” on artificial images.”*

-----Jennifer Delgado

*“Fiercely competitive in his claim of approval and applause, he mistrusts competition because he unconsciously associates it with an excessive desire for destruction ... Greedy as long as his cravings know no limits, demands immediate satisfaction and lives in a state of restless and permanent desire dissatisfied.”*

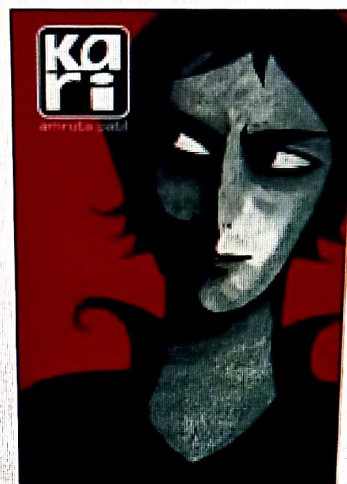
----- Christopher Lasch

### INTRODUCTION

The paradox of social media is that social media is less about connecting with others than about connecting with ourselves. The 'self' in the Freudian sense is a seat of vanity, ego and self-promotion. With Facebook boasting over one billion users per day, such an explosion of social media usage had led to marked cultural and social changes. According to the famous website *Sociologylens.com*, digital culture is a culture of narcissism. Social media has revolutionised how we look at ourselves since it takes up a major part of our lives. In the year 2006, *Time* magazine named “You” the person of the year and included a mirror and a computer on the cover along with

# Dismantling Binary Notion of Being and Telling - Queer Gaze in Kari

Sapna Dogra



(Image Credit: Book Cover Kari)

## Abstract

The very first Indian graphic novel in English by a woman, *Kari* (2008) by Amruta Patil brings forth a queer protagonist and deeply engages in the 'ways of seeing'. This article seeks to address the following questions: In what ways is this graphic novel a representational text of queer gaze? What are the modes of resistance for the dominant gaze vis a vis city and its inhabitants? How queer gaze dismantles the binary notions of being and telling that dominant heterosexual storytelling deploys. The resultant decentring, that Patil seeks to foreground, and relocate the aspect of desire, love and friendship.