



समानशास्त्र एवं सामाजिक नृविज्ञान विभाग
हिमाचल प्रदेश केन्द्रीय विश्वविद्यालय
सप्तसिंधु परिसर, देहरा, जिला- कांगड़ा



दो दिवसीय राष्ट्रीय संजोषी

“भारत का सामाजिक एवं सांस्कृतिक दर्शन: डा. केशवराव बलिराम हेडगेवार का योगदान”

धौलाघाट परिसर-1, धर्मशाला (कांगड़ा) हिमाचल प्रदेश

24-25 जून 2022

प्रमाणित किया जाता है कि डॉ. / प्रो. / श्री / श्रीमती / सुश्री **ANITA ACHARYA Asstt. Professor**

संस्थान का नाम **A.B.V. G.B.C ANNI, BHANUVA A.P.**

ने आयोजित संगोष्ठी में मुख्य अतिथि / मुख्य विषय वक्ता / सम्मानित अतिथि / पदेन अतिथि / संयोजक / सह-संयोजक / प्रतिवेदन लेखक / सत्र अध्यक्ष /

शोषार्थी / आयोजन समिति सदस्य / मीडियाकर्मी / संस्थागत प्रतिनिधि / व्यक्तिगत प्रतिनिधि / शोध पत्र प्रस्तुतकर्ता के रूप में भाग लिया है।

शोध पत्र का शीर्षक **Dr. Hedgewar's influence on the Indian Freedom Struggle**

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संयोजक
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अधिष्ठाता, अकादमिक
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डॉ. रमेश चंद्र सिन्हा
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अनुसंधान परिषद
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स्वतंत्र निदेशक
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16-08-2021

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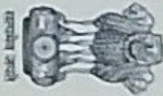
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Discovering Ancestral Roots in Sapta Sindhu: A Historical Perspective on Gotra Lineages

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Abstract:

This article explores the ancient land of Sapta Sindhu, known for its Seven Rivers, and how it has shaped family lineages called Gotras. By looking at old artifacts, stories, and even genetic clues, we discover how people from this region have passed down their traditions and family names over time. We also study old writings and how people moved and lived, which helps us understand how Gotras developed. This research not only teaches us about history but also shows how the culture and genetics of people today are connected to this special place.

Keywords: Sapta Sindhu, Gotra, Family Roots, History, Genealogy, Migration, Cultural Connections.

Introduction

1. Introduction

The Sapta Sindhu region, known as the land of the Seven Rivers, has been an important part of human history for thousands of years. This area, which includes the Indus River and its smaller rivers, was home to some of the oldest cultures, covering what we now call India and Pakistan. The name "Sapta Sindhu" is even mentioned in ancient holy books like the Rigveda, where it is celebrated as a sacred and rich land (Rigveda 6.61.3).



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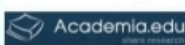
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