



DEPARTMENT OF COMMERCE
ABV GOVT DEGREE COLLEGE SUNNI
DISTT SHIMLA
(AFFILIATED TO HP UNIVERSITY)

Name: KAVITA SAINI

Contact No.:8219277613

Email ID:kavita63391@gmail.com

1. PROFESSIONAL EXPERIENCE

Department: PHYSICAL EDUCATION

Designation: ASSISTANT PROFESSOR

Teaching Experience: 5 Years

Accounts and Audit Experience: NA

2. EDUCATION CREDENTIALS

Sr. No.	Examination	Year	University	Specialization
1	10 th	2005	HPBOSE D/Shala	-
2	12 th	2008	HPBOSE D/Shala	
3	C.P.Ed	2008	Modern VTC north bank annex Snow View Tarahall Shimla	
4	B.P.E	2009-2012	H.P. University (M.R.D.M. Physical Education, Bhareri)	
5	B.P.ED	2012-2013	H.P. University (MLSM College Sunder Nager)	
6	M.A. in Physical Education	2013-2015	H.P. University	
7	Diploma in Yoga	2014-2015	H.P. University	
8	M.Phil in Physical Education	2015-2016	H.P. University	

3. IT SKILL&DATA ANALYSIS SOFTWARE EXPERTISE

Sr. No.	Software	Expertise in
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1	M.S. Office	Basic Course in Software i.e. ms-office and access from Dewsoft Education Centre with a Grade
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4. PERSONAL INFORMATION

Name	KAVITA SAINI
Father Name	SH. KAMLESH SAINI
Mother Name	SMT. MEERA SAINI
Date Of Birth	<u>17-11-1989</u>
Language Known	HINDI
Marital Status	MARRIED
Nationality	INDIAN
Gender	FEMALE
Address	<u>KRISHAN BHAWAN KASUMPTI BAZAR SHIMLA, 171009.</u>

5. Paper Published

Sr. No.	Paper Published in Peer Reviewed and Refereed Journal and UGC Care Listed Journal
1	
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6. Paper Presented in Seminar and Conference

Sr. No.	Paper Presented in international and National seminars
1	As a Paper Presenter/ Delegate in The International Conference On “ Fitness, wellness and Sport science” organized by the Department of Health Science & Fitness, Lakshmibai National institute of Physical Education, Gwalior.
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7. Books Published

Sr. No.	Books Published: UG Level (As per the Syllabus of HP University)
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8. Training Programs, Orientations & Refresher course Attended

Sr. No.	Workshop; FDP; Induction; Refresher Courses etc.
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1	Attended National Seminar on “ Role of Fine Art and yoga in improving Human Development” organized by Department of Yoga Studies , H.P.U. Shimla and Pratibha Spandan society Shimla.
2	One week Faculty Development Programme on “ E-Content Development : Concepts and Tools” From 19-25 December, 2022 and obtained Grade A+.
3	Four Week Induction/ Orientation Programme for “Faculty in University/College/Institutes of Higher Education” From 20 June -19 July, 2022 and obtained Grade A+.
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9. Any Other Achievements/Awards

Sr. No.	Any other Academic Awards, Cultural and Sports Achievements
1	GOLD MEDALIST IN B.P.ED.
2	GOLDEN MEDALIST IN M.A. IN PHYSICAL EDUCATION.
3	TOPPER IN B.P.E.
4	Participation as a Team Coach in 26 th Senior (Men & Women) State handball Championship in the year 2018.
5	2 nd position in Annual Handball inter College Tournament in the year 2012-13.
6	2 nd position in Annual Handball inter College Tournament in the year 2013-14.
7	3 rd position in Annual Handball inter College Tournament in the year 2014-15.
8	Participated in 57 th Senior national Ball badminton Championship (Men & Women) in the year 2011-12.
9	Participated in State Women Tournament in Basket Ball in the year 2005.
10	Participated in Distt. Tournament in Basket Ball in the year 2004-05-06.
11	Participated in Distt. Women Sports Festival in Hand Ball in the year 2010.
12	Participated in State Women Sports Festival in Hand Ball in the year 2010.
13	Participated in 23 rd Senior (Men & women) State Hand ball Championship in the year 2010.